

DR. FAHAD KHAN

Licensed Clinical Psychologist, Deputy Director – Khalil Center

EDUCATION

2015	Doctorate in Clinical Psychology (PsyD)	Midwestern University - Downers Grove, Illinois
	Research: Acculturation, Religiosity, and Psychological Distress Among Muslim Americans	
2011	Master of Arts in Clinical Psychology (MA)	Midwestern University - Downers Grove, Illinois
	Research: Evaluation of Factors Affecting Attitudes of Muslim Americans Towards Seeking and Using Formal Mental Health Services.	
2009	Master of Biomedical Sciences (MS)	Midwestern University - Downers Grove, Illinois
	Research: Evaluation of Kidney Injury Molecule -1 (KIM-1) as an Early Biomarker for Lead (Pb) Nephrotoxicity.	
2006	Bachelor of Arts in Psychology (BA)	University of Illinois - Chicago, Illinois

AWARDS & HONORS

Awards		
2024	American Psychological Foundation's Div 29 Early Career Award	<i>Recipient</i>
2021	American Psychological Association's Early Career Psychologist Champion Award	<i>Recipient</i>
2020	American Psychological Association's Early Career Achievement Award	<i>Recipient</i>
Key Positions		
2024 - Present	APA's Committee for Global Psychology (CGP) – Liaison to the United Nations	<i>Member</i>
2021 - Present	Illinois Psychological Association's Communications Committee	<i>Co-Chair</i>
2021 - 2022	American Psychological Association's Division 12 (Society of Clinical Psychology)	<i>Program Chair</i>
2020 - 2021	Leadership Development Program with Illinois Psychological Association	<i>Member</i>
2019 - 2021	Illinois Psychological Association's Legislative Committee	<i>Co-Chair</i>
2019 - 2020	APA's Emerging Leaders in Psychology Academy	<i>Member</i>
2019	Illinois Psychological Association's Ethnic Minority Committee for the American Psychological Association	<i>Liaison</i>
2018 - Present	International Association of Islamic Psychology	<i>Fellow</i>
2018 - 2019	Early Career Psychology Section of Illinois Psychological Association	<i>Associate Chair</i>
Travel Grants		
2022	American Psychological Association's Committee on Early Career Psychologists/National Register of Health Service Psychologists Convention Travel Grant	<i>Recipient</i>
2021	American Psychological Association's Early Career Convention Grant Award	<i>Recipient</i>
2020	Illinois Psychological Association's Diversity Delegate for the Practice Leadership Conference	<i>Award Recipient</i>
2018	American Psychological Association's Early Career Psychologist Funding for the Practice Leadership Conference	<i>Recipient</i>

PEER REVIEW / EDITORIAL POSITIONS

2022 - Present	Professional Psychology: Research and Practice (American Psychological Association)	<i>Reviewer</i>
2022 - Present	Journal of Clinical Psychology (Wiley)	<i>Reviewer</i>
2021 - Present	American Psychologist (American Psychological Association)	<i>Reviewer</i>
2021 - Present	Spirituality in Clinical Practice (American Psychological Association)	<i>Reviewer</i>
2021 - Present	Journal of Religion and Health (Springer)	<i>Reviewer</i>
2020 - Present	Bahria Journal of Professional Psychology	<i>Editorial Board</i>
2019 - Present	Journal of Clinical and Professional Psychology	<i>Editorial Board</i>
2016 - Present	Journal of Muslim Mental Health	<i>Editor</i>

PUBLICATIONS

- Peer-Reviewed Journal Articles**
- Mahoui, I., Abdulbaseer, U., Manjra, H., Syed, H., Khan, F., Hamouda, M., Awaad, R., & Padela, A. (2026). Associations between religious coping and subjective health among Muslim Americans. *Journal of Muslim Mental Health*, (In Press).
 - **Khan, F.**, Ahmad, M., & Khan, T. (2026). Prevalence of types of trauma and posttraumatic stress symptoms in American Muslim communities: A comparison by ethnic groups. *Translational Issues in Psychological Science*. Advance Online Publication.
 - **Khan, F.**, Mujahid, S., & Ahmed, D. (2026). Gender differences in religiosity, positive mental health, and psychological distress among Pakistani young adults. *Journal of Muslim Mental Health*, (In Press).

- Keshavarzi, H., Yanik, M., Selman, S., Sanders, P., Top, D. & **Khan, F.** (2025). Development and validation of a Traditional Inventory of Islamic Virtues (TIIV). *Spirituality in Clinical Practice*, Advance online publication.
- **Khan, F.**, Keshavarzi, H., Ahmad, M., Ashai, S., & Sanders, P. (2025). Application of Traditional Islamically Integrated Psychotherapy (TIIP) and its outcome on psychological distress among American Muslims in outpatient therapy. *Spirituality in Clinical Practice*, 12(2), 147–160.
- Nisa, A., Siddiqui, S., Ametaj, A. A., & **Khan, F.** (2024). Adaptation of unified protocol treatment for transdiagnostic disorders in Pakistan: A heuristic framework. *PloS one*, 19(9), e0308981.
- **Khan, F.** & Nisa, A. (2024). Psychospiritual conceptualization of Nafs from the perspectives of Muhammad Iqbal. *Journal of Muslim Mental Health*, 18(1), 91-100.
- **Khan, F.** & Sattar, A. (2023). Individuality of man: Iqbal’s “Mard-e-Momin” and Kierkegaard’s “Knight of Faith”. *Bahria Research Journal on Iqbal Studies*, 2(2), 1-10.
- **Khan, F.** & Malik, K. (2021). Tarbiyat-e-Khudi: A model of self-development from poems of Muhammad Iqbal in Asrar-i-Khudi. *Bahria Journal of Professional Psychology*, 20(1), 14-26.
- **Khan, F.**, Khan, M., Soyege, H., & Maklad, S. (2019). Evaluation of factors affecting attitudes of Muslim Americans toward seeking and using formal mental health services. *Journal of Muslim Mental Health*, 13(2), 5-21.
- Haque, A., **Khan, F.**, Keshavarzi, H., & Rothman, A. (2016). Integrating Islamic traditions in modern Psychology: Research trends in the last ten years. *Journal of Muslim Mental Health*, 10(1), 75-100.

Book Chapters

- **Khan, F.** & Ashai, S. (2026). Online psychotherapy with Muslims. In Ahmed, S. & Amer, M. (Eds.) *Counseling Muslims: Handbook of Mental Health Issues and Interventions*, 2nd Edition, New York: Routledge (In Press).
- **Khan, F.** (2026). Challenges of Islamophobia: Psychiatric considerations for effectively working with Muslim patients. In Moffic, H. S., Peteet, J., Hankir, A., & Awaad, R. (Eds.) *Islamophobia and Psychiatry: Recognition, Prevention, and Treatment* 2nd Edition. Switzerland: Springer International Publishing.
- Aycan, S., Keshavarzi, H., & **Khan, F.** (2025). Traditional Islamically Integrated Psychotherapy (TIIP) and its accompanying certificate, diploma, and degree programs worldwide. In Haque, A. (Ed.). *A Guide to Islamic Psychology Programs*, Riphah International University.
- **Khan, F.** (2025). Islamic Psychology: The missing link in Muslim mental health. In Haque, A. & Abbasi, F. (Eds.) *Muslim Mental Health in North America*, Michigan State University.
- **Khan, F.**, Aycan, S., & Keshavarzi, F. (2023). Clinical applications of Traditional Islamically-Integrated Psychotherapy (TIIP) model: Case of a Turkish female. In Haque, A. & Rothman, A. (Eds.) *Clinical Applications of Islamic Psychology*. International Association of Islamic Psychology.
- Nabi, A., Singh, K., & **Khan, F.** (2023). Positive psychotherapeutic trends in Islamic Psychology. In Saxena, G. & Singh, K. (Eds.) *Religious and Spiritual Practices in India: A Positive Psychological Perspective*. Switzerland: Springer International Publishing.
- **Khan, F.**, & Keshavarzi, H. (2023). Theoretical foundations and clinical applications of traditional Islamically integrated psychotherapy. In P. S. Richards, G. E. K. Allen, & D. K. Judd (Eds.), *Handbook of spiritually integrated psychotherapies* (pp. 193–212). American Psychological Association.
- Keshavarzi, H., **Khan, F.**, & Syed, B. (2020). Islamically integrated treatment of Obsessive-Compulsive Disorder Scrupulosity (Waswasa) in Muslim Patients. In Tinaz, N., Ayten, A., Zengin, M., & Eksi, H. (Eds.) *Spiritual Counseling and Care in Health and Prison Services: Diverse Experiences & Practices*, Istanbul: Ensar Publishing.
- **Khan, F.**, Keshavarzi, H., & Rothman, A. (2020). The role of the TIIP therapist: Scope of Practice and Proposed Competencies. In Keshavarzi, H., **Khan, F.**, Ali, B., & Awaad, R. (Eds.) *Applying Islamic principles to clinical mental health care: Introducing Traditional Islamically Integrated Psychotherapy*. New York: Routledge.
- **Khan, F.** (2020). Quantitative and qualitative assessment of the ontological domains of the psyche in TIIP. In Keshavarzi, H., **Khan, F.**, Ali, B., & Awaad, R. (Eds.) *Applying Islamic principles to clinical mental health care: Introducing Traditional Islamically Integrated Psychotherapy*. New York: Routledge.
- **Khan, F.** (2019). Challenges of Islamophobia: Psychiatric considerations for effectively working with Muslim patients. In Moffic, H. S., Peteet, J., Hankir, A., & Awaad, R. (Eds.) *Islamophobia and Psychiatry: Recognition, Prevention, and Treatment*. Switzerland: Springer International Publishing.
- Keshavarzi, H. & **Khan, F.** (2018). Outlining a case example of Traditional Islamically Integrated Psychotherapy (TIIP). In Al-Karam, C. Y. (Ed.). *Islamically Integrated Psychotherapy: Processes and outcomes with Muslim clinicians*. (175-207). West Conshohocken, PA: Templeton Press.

Books

- Keshavarzi, H., Aycan, S., Altinisik, E., **Khan, F.**, & Elzamzamy, K. (2025). *The Islamic workbook for managing anxiety*. Claritas Books.
- Keshavarzi, H., Harfi, S., Elzamzamy, K., **Khan, F.**, & Kaban, E. (2022). *The Islamic workbook for religious OCD (Waswasa): A guide for overcoming intrusive thoughts and compulsions. Traditional Islamically Integrated Psychotherapy*. Claritas Books.

- Keshavarzi, H., **Khan, F.**, Ali, B., & Awaad, R. (Eds.) (2021). *Applying Islamic principles to clinical mental health care: Introducing Traditional Islamically Integrated Psychotherapy*. Routledge.
- **Khan, F.** (2020). *How to maintain your sanity during these insane times: A practical guide to overcoming the negative effects of quarantine*. Amazon Kindle Direct Publishing

Manuscripts in Review/Preparation

- **Khan, F.** (2026). Career prospects in Islamic Psychology: Opportunities, challenges, and future directions.
- **Khan, F.**, Samawi, F., Pathan, S. (2026). Islamic considerations in the use of psychedelics for mental health.
- **Khan, F.** & Ahmed M. (2026). Acculturation, religiosity, and psychological distress among Muslim Americans.
- **Khan, F.**, Ahmad, M., & Ali, K. (2026). Effectively reducing barriers to seeking mental health services for Muslim Americans.
- Bakir, A., Ashai, S., & **Khan, F.** (2026). Reduction in psychological distress through Islamically integrated psychotherapy.
- **Khan, F.**, Chaudhry, R., & Riaz, T. (2026). A test from God: Trauma among Muslims. In Awaad, R. & Hamid, H. (Eds.) *Muslim Mental Health*. American Psychiatric Association Press (*In Review*).

TEACHING

2025 - Present	Hamad Bin Khalifa University	Doha, Qatar
<i>Assistant Professor</i>		
<u>Graduate Courses:</u>		
<ul style="list-style-type: none"> • Cross-Cultural Psychology • Career & School Counseling 	<ul style="list-style-type: none"> • Assessment Methods • Marital & Family Therapy 	
2024 - Present	Usul Academy	Virtual
<i>Instructor</i>		
<u>Courses:</u>		
<ul style="list-style-type: none"> • Comparative Psychology 	<ul style="list-style-type: none"> • Introduction to Islamic Psychology 	
2022 - Present	Loyola University Chicago	Chicago, Illinois
<i>Adjunct Professor</i>		
<u>Undergraduate Courses:</u>		
<ul style="list-style-type: none"> • Child Psychopathology • Counseling 	<ul style="list-style-type: none"> • Psychopathology • Statistics 	
2016 - Present	College of DuPage	Glen Ellyn, Illinois
<i>Adjunct Faculty</i>		
<u>Undergraduate Courses:</u>		
<ul style="list-style-type: none"> • General Psychology • Developmental Psychology: Life Span • Statistics in Social and Behavioral Sciences 	<ul style="list-style-type: none"> • Counseling Focusing on Veterans • Introduction to Developmental Disabilities • Abnormal Psychology 	
2016 - 2020	National Louis University	Chicago, Illinois
<i>Adjunct Faculty</i>		
<u>Graduate Courses:</u>		
<ul style="list-style-type: none"> • Introduction to Psychological Assessment • Psychological Assessment II: Intellectual • Psychological Assessment III: Personality • Advanced Abnormal Psychology • Theories of Cognitive Psychology 	<ul style="list-style-type: none"> • Advanced Theories of Personality • Research Design • Psychological Statistics: Design and Analysis • Biological Bases of Behavior • Health Psychology 	
2015 - 2020	Concordia University	River Forest, Illinois
<i>Adjunct Faculty</i>		
<u>Graduate Courses:</u>		
<ul style="list-style-type: none"> • Counseling & Human Development • Multicultural Counseling • Fundamentals of Assessment 	<ul style="list-style-type: none"> • Ethics, Morality, and Law for Counselors • Introduction to Counseling Profession 	

RESEARCH AND GRANTS

05/2015 - Present	Khalil Foundation	Lombard, Illinois
<i>Research Director</i>		
<ul style="list-style-type: none"> • Designing surveys and research projects to answer questions related to quality as well as growth • Leading and conducting quantitative, qualitative, mixed-methods, community-based participatory research, etc • Working with large datasets to clean up and analyze through appropriate statistical analyse • Disseminate findings through publications and presentations for experts and community members 		

- Leading a team of interns in collecting data from current clients and charts
 - Active part of a Work-in-Progress research group with researchers from around the world
 - Prepare grant proposals and write drafts for submission to organizations and journals
- 04/2018 – 01/2020** **Bridges Consortium/Templeton Foundation** **Lombard, Illinois**
Co-Principle Investigator
- Grant recipient for spiritually-integrated psychotherapy research
- 01/2016 – 07/2019** **College of DuPage** **Glen Ellyn, Illinois**
Principle Investigator
- Study focus: learning styles of community college students
- 08/2012 - 10/2012** **Advocate Christ Medical Center** **Oak Lawn, Illinois**
Research Assistant
- Assist with studying the effects of Cardiac Assist Devices on the cognitive and emotional functioning of patients suffering with cardiopathologies
 - Conduct cognitive and emotional assessments on heart patients
 - Collect and score data
 - Conduct preliminary statistical analyses
- 01/2008 - 05/2009** **Midwestern University** **Illinois**
Research Assistant (Dr. Walter Prozialeck)
- Work under supervision on my master's thesis project titled "Evaluation of kidney injury molecule 1 (Kim-1) as an early marker of lead (Pb) nephrotoxicity"
 - Work with twelve animals (rats) with a treatment approved by the university's IRB and IACUC
 - Conduct several laboratory procedures on the samples obtained
 - Conduct post-mortem analyses

PROFESSIONAL PRESENTATIONS

Invited Keynotes, Lectures, & Trainings

- 2025/12 - *Traditional Islamically Integrated Psychotherapy Model, Level 1 Training*. Islamic University of Applied Sciences, Rotterdam, Netherlands.
- 2025/11 - *Iqbal's Vision of Resilience, Renewal, and Global Transformation*. 7th Iqbal Conference, Bahria University, Karachi, Pakistan.
- 2025/10 - *Traditional Islamically Integrated Psychotherapy Model, Level 1 Training*. The Chicago School of Professional Psychology, Chicago, USA.
- 2025/08 - *Traditional Islamically Integrated Psychotherapy Model, Level 1&2 Training*. Ibn Haldun University, Istanbul, Turkey.
- 2024/10 - *Traditional Islamically Integrated Psychotherapy Model, Level 1&2 Training*. The Chicago School of Professional Psychology, Chicago, USA
- 2024/09 - *Healing Mind and Spirit – Bridging Psychology and Spirituality*. 15th Annual Pakistan Psychological Association Conference, Lahore, Pakistan.
- 2024/06 - *Traditional Islamically Integrated Psychotherapy Model, Level 1&2 Training*. Ibn Haldun University, Istanbul, Turkey.
- 2024/03 - *Traditional Islamically Integrated Psychotherapy Model, Level 1 Training*. Ilim College, Melbourne, Australia.
- 2023/12 - *The Inner Journey: Emotions in the Teachings of Rumi and Iqbal*. Rumi Day, International Iqbal Society, Lahore, Pakistan.
- 2023/08 - *Traditional Islamically Integrated Psychotherapy Model, Level 1 Training*. Riphah University, Islamabad, Pakistan.
- 2023/06 - *Traditional Islamically Integrated Psychotherapy Model, Level 1&2 Training*. Ibn Haldun University, Istanbul, Turkey.
- 2023/02 - *How to Effectively Work with Muslim Americans*. Northwestern University Feinberg School of Medicine, Illinois, USA.
- 2022/12 - *Role of parenting in development of the image of God in children*. 3rd Annual Parenting Conference. Parenting With Allah by My Side, United Kingdom
- 2022/08 - *Traditional Islamically Integrated Psychotherapy Model, Level 1 Training*. Ibn Haldun University, Istanbul, Turkey.
- 2022/06 - *Dilemma of the Muslims in the West*. Institute of Policy Studies (IPS). Islamabad, Pakistan
- 2022/06 - *Traditional Islamically Integrated Psychotherapy Model, Level 1 Training*. Shifa Tameer-e-Millat University, Islamabad, Pakistan.
- 2022/05 - *How to Effectively Work with Muslim Americans*. University of Michigan Counseling and Psychological Services. Dearborn, Michigan, USA.
- 2022/04 - *Khudi Se Khuda Tak: A Journey to Self-Actualisation*. Air University, Islamabad, Pakistan.

- 2022/01 - *How to Effectively Work with Muslim Americans*. Northwestern University Feinberg School of Medicine, Illinois, USA.
- 2022/01 - *Khudi Se Khuda Tak: A Journey to Self-Actualisation*. Ziauddin University, Karachi, Pakistan.
- 2022/01 - *The Current State of Mental Health and the Need for Islamic Psychology*. Central Punjab University, Lahore, Pakistan.
- 2021/12 - *Effectively Working with Muslim Americans*. Heartland Alliance Marjorie Kovler Center, Chicago, Illinois, USA.
- 2021/12 - *Importance and Application of Virtues and Vices in Psychology*. Islamic Psychology: Emergence & Current Challenges of 21st Century, Riphah Institute of Clinical & Professional Psychology, Lahore, Pakistan.
- 2021/09 - *Modern Technologies and Their Effects on Human Development and Mental Health*. Avicenna Akademie, Germany.
- 2021/08 - *Impact of Substance Abuse on Individual and Society*. Handstogether NGO, Maldives.
- 2021/08 - *Traditional Islamically Integrated Psychotherapy Model, Level 1 Training*. Ibn Haldun University, Istanbul, Turkey.
- 2021/06 - *Historical Contributions of Muslims to the Field of Psychology*. Bahria University, Islamabad, Pakistan.
- 2021/06 - *Effects of Post-Colonialism on Psychological Development in Pakistan*. Air University, Islamabad, Pakistan
- 2021/06 - *Islamic Perspective on Addictions and Human Ontology*. Hayat Rehab Clinic, Islamabad, Pakistan
- 2021/05 - *Effectively Working with Muslim Clients*. Northwestern University Counseling and Psychological Services, Evanston, Illinois
- 2021/04 - *Islam and Psychology*. Air University, Islamabad, Pakistan.
- 2021/04 - *Addiction Treatment from Islamically-Integrated Approach*. Universitas Islam Bandung, Indonesia.
- 2021/02 - *Traditional Islamically Integrated Psychotherapy Model*. Islamic Psychology Curriculum Development, Riphah University, Lahore, Pakistan.
- 2020/12 - *Theoretical Developments in Western Psychology, Current State of Mental Health, and Need for Islamic Psychology*. Australian Muslim Mental Health Conference, Australia.
- 2020/11 - *Psychological Development of Youth in Iqbal's Perspective*. 1st International Conference on Iqbal, Bahria University, Islamabad, Pakistan.
- 2019/11 - *Mental Health & Stress Issues Among Palestinian Youth in America*. 12th Annual Conference for Palestine in the US, Rosemont, Illinois.
- 2019/11 - *Tarbiyat-E-Khudi: A Psychospiritual Model of Self-Development from the Teachings of Muhammad Iqbal*. 1st National Conference on Iqbal, Bahria University, Islamabad, Pakistan.
- 2019/11 - *Importance of Research in Clinical Practice: From Theory to Practice*. Illinois Psychological Association Annual Convention, Lisle, Illinois.
- 2019/09 - *The State of Mental Health in Pakistan and United States & Moving Towards Spiritually Integrated Psychology*. Islamic Perspectives in Modern Psychology Conference. Royal Palm Golf & Country Club, Lahore, Pakistan.
- 2019/09 - *Assessment of the Domains within the Traditional Islamically Integrated Psychotherapy Model of Treatment*. Riphah Institute of Clinical & Professional Psychology, Lahore, Pakistan
- 2018/11 - *Current State of Mental Health in the West and Pakistan and Moving Towards Spiritually Integrated Psychotherapy*. Bahria University, Islamabad, Pakistan
- 2018/11 - *Current State of Mental Health in the West and Moving Towards Islamically Integrated Psychotherapy*. International Islamic University, Islamabad, Pakistan
- 2018/01 - *Culturally Sensitive Care for Muslim Students*. Illinois School District 45. Villa Park, Illinois.
- 2017/05 - *Effectively Working with Muslim Students*. Illinois State University, Normal, Illinois.
- 2017/11 - *Breaking the Cultural and Religious Barriers: Effectively Working with Muslim Clients*. Illinois Psychological Association Annual Convention, Oakbrook, Illinois.
- 2016/05 - *How to Effectively Work with Muslim Clients*. Northwestern University. Chicago, Illinois.
- 2016/04 - *Character Development, Personal Transformation, and Spiritual Elevation According to Allama Muhammad Iqbal*. Iqbal Day, East-West University, Chicago, Illinois.
- 2014/10 - *Suicidal and Homicidal Assessments of Children*. North DuPage Special Education Cooperative, Roselle, Illinois.
- 2011/11 - *Assessment of Common Factors Uniting Graduate Students of Diverse Spiritual Backgrounds*. The Interfaith Celebration of Diversity, Midwestern University, Downers Grove, Illinois.
- 2021/04 - *Exploring spiritually integrated psychotherapy for addressing Muslim mental health within an Islamic context: Preliminary results from big data study*. 13th Annual Muslim Mental Health Conference

Conference Presentations (Papers/Panels)

- 2025/02 - *Islamic Views on Mental Illness and Healing*. 2nd International Conference on Islamic Psychology and Mental Health, Al Balagh Academy, United Kingdom.
- 2024/02 - *Career prospects in Islamic Psychology: Opportunities, challenges, and future directions*. Islamic Psychology Symposium: Advancing the Clinical Practice of Islamic Psychology Through Education and Research. Hamad Bin Khalifa University, Qatar

- 2023/03 - *Psychological distress outcomes following psychotherapy at Khalil Center* [Poster session]. 15th Annual Muslim Mental Health Conference, Michigan State University, East Lansing, Michigan, USA
- 2023/02 - *Islam and Mental Health: Obsessive Compulsive Disorder*. 1st International Conference on Islamic Psychology and Mental Health. Al Balagh Academy, United Kingdom
- 2020/11 - *Qualitative analysis of Khudi in the writings of Muhammad Iqbal*. 1st International Conference on Iqbal, Bahria University, Islamabad, Pakistan.
- 2019/11 - *Illinois Advocacy in Action*. Illinois Psychological Association Annual Convention, Lisle, Illinois.
- 2019/08 - *Spiritually Integrated Services for Muslim Communities* [Poster session]. 2019 Annual APA Convention, Chicago, Illinois, USA.
- 2019/06 - *Keepin' the faith: Innovative, collaborative and culturally-sensitive services for Muslim communities* [Poster session]. Society for Community Research and Action (SCRA) Biennial Conference, National Louis University, Chicago, Illinois, USA.
- 2018/11 - *Islamically integrated treatment of obsessive-compulsive disorder scrupulosity (Waswasa) in Muslim patients*. Second International Congress on Religious-Spiritual Counselling & Care, Istanbul, Turkey.
- 2018/10 - *Islamically integrated psychotherapy: Uniting faith with professional practice*. Evolving Islamic Psychology: Past, Present, & Future, Istanbul, Turkey.
- 2018/10 - *Integrating Islamic theoretical concepts into the therapeutic encounter*. Evolving Islamic Psychology: Past, Present, & Future, Istanbul, Turkey.
- 2014/10 - *Continuing to interrogate the status quo*. The Diversity Challenge, Boston College, Chestnut Hill, Massachusetts.
- 2011/11 - *Acculturation to professional psychology: White institutions, white faculties, and students of color*. The Diversity Challenge, Boston College, Chestnut Hill, Massachusetts.

Webinars & Community Education Talks

- 2025/01 - *Pre-Marital Considerations*. Northwestern University, Evanston, Illinois.
- 2023/11 - *Coping with Grief and Loss Related to the Genocide in Gaza*. Islamic Society of Milwaukee, Wisconsin, USA.
- 2023/05 - *Standing Firm in a Shifting World: Parenting in the Post-Modern World*. College Preparatory School of America, Illinois, USA.
- 2023/03 - *Raz-i-Chaman: Spiritual ripples of Iqbal's grief*. Khalil Center, USA.
- 2021/10 - *Resilient Parents: A New Key for Stronger Community*. International Islamic University, Malaysia.
- 2021/05 - *Coping with Trauma: Palestine and Beyond*. Northwestern University Muslim Mental Health Initiative, Evanston, Illinois
- 2019/03 - *Persecuting, Pathologizing and Enslaving the Uyghur Muslims in China: A Psychological Perspective*. Congregation Solel, Highland Park, Illinois.
- 2018/07 - *Maintaining Healthy Marriages*. MECCA Center, Willowbrook, Illinois.
- 2017/10 - *Serving Individuals with Disabilities*. Islamic Center of Des Plaines, Des Plaines, Illinois.
- 2012/12 - *Grief and Its Manifestations*. St. Ignatius High School, Chicago, Illinois.
- 2022/06 - *Improving mental health & reducing stress through self-care and prevention in the media industry*. Pakistan Television Training Academy, Islamabad, Pakistan.
- 2022/05 - *When faith questions are not about faith problems - Identifying OCD in questions of faith*. Faith & OCD Conference, International Obsessive Compulsive Disorder Foundation, USA
- 2021/10 - *Revival of Islamic psychology and perinatal mental health*. A Global Congress of Muslim Mental Health and Family Well-being, Malaysia.
- 2021/08 - *Omission of Muslim/Arab contributions to psychology from research and academia: Systemic injustice?* American Psychological Association Annual Convention
- 2020/11 - *Dealing with mental health in a post-COVID world*. Launchgood Mental Health Webinar Series.
- 2020/05 - *How to maintain sanity in uncertain times*. University Islamic Financial.
- 2020/04 - *Parenting in Ramadan*. Presentation at the Ramadan Preparedness Summit
- 2020/04 - *Psycho-spiritual elements related to COVID-19 pandemic: Urdu Webinar*. Saaya Health, Pakistan
- 2020/04 - *Managing stress and mental health during coronavirus for students, young professionals, and families*. Illinois Muslim Civic Coalition.
- 2018/08 - *Psychological gender differences and its marital implications*. The Art of Marriage Conference, Pleasanton, California.
- 2018/04 - *Importance of community and social support in maintaining wellness*. KC Annual Wellness Conference, Willowbrook, Illinois.
- 2017/03 - *Psycho-spiritual approach to marriage*. Marriage Workshop, Peoria, Illinois.
- 2016/10 - *Obsessive compulsive disorder and its manifestations among religious individuals*. ZF Annual Conference, Bridgeview, Illinois.
- 2016/05 - *The impact of culture, technology and our environments on our children*. Annual Wellness Conference, Khalil Center, Glen Ellyn, Illinois

- 2016/03 - *Psycho-spiritual approach to parenting*. Parenting Seminar, Peoria, Illinois.
- 2015/09 - *Demystifying mental health care*. Health Sessions, ISNA Convention, Rosemont, Illinois.
- 2015/05 - *Psychological gender differences and its marital implications*. The Art of Marriage Conference, Glen Ellyn, Illinois.
- 2011/11 - *Understanding psychology through a religious and spiritual perspective*. Community Mental Health Seminar, Villa Park, Illinois.

IT CERTIFICATIONS

Harvard - CS50's Introduction to Computer Science	edX
IBM - How to Build Chatbots	Cognitive Class
IBM - Analyzing Data with Python	IedX
Microsoft - Introduction to Python for Data Science	edX
Microsoft - Introduction to Python: Fundamentals	edX
Harvard - Statistics and R	edX
SAS - Getting Started with SAS Programming	Coursera
Responsive Web Design (HTML, CSS, JavaScript)	FreeCodeCamp
Duke - Programming Foundations with JavaScript, HTML, and CSS	Coursera
Google - UX Design Professional Certificate (4/7 Courses)	Coursera
<ul style="list-style-type: none"> • Foundations of User Experience (UX) Design • Start the UX Design Process: Empathize, Define, and Ideate • Build Wireframes and Low-Fidelity Prototypes • Conduct UX Research and Test Early Concepts 	
Stanford - Machine Learning (3/3 Courses)	Coursera
<ul style="list-style-type: none"> • Supervised Machine Learning: Regression and Classification • Advanced Learning Algorithms • Unsupervised Learning, Recommenders, Reinforcement Learning 	

PROFESSIONAL WORK

02/2014 - Present	Khalil Foundation	Lombard, Illinois
<i>Deputy Director / Psychologist</i>		
<ul style="list-style-type: none"> • Responsible for managing a diverse team of clinicians, researchers, and administrators • Overseeing the development of organization's goals and objectives, and facilitating its growth and development • Creating and implementing best practices as well as policies and procedures for optimal patient outcomes as well as employee satisfaction • Complete assigned administrative tasks or assume complete responsibility in the absence of the Executive Director • Develop, implement, and evaluate organizational policies/procedures, programs, and standards consistent with laws and ordinances, grant funding criteria, and current professional clinical standards • Plan, organize, direct, and evaluate program services, didactics, intern trainings, and activities • Recruit and train staff members and interns • Respond to community urgent needs and crises by providing supporting and educational services to community members • Supervise undergraduate and graduate interns from psychology, counseling, and social work programs • Provide individual and family therapy to clients of diverse backgrounds • Plan and implement treatment plans catered to the needs of the clients congruent with evidence-based practices • Lead seminars and classes on various topics related to the needs of the community • Conduct psychological evaluations and provide diagnostic clarifications along with recommendations to families and clinicians • Research studies include program evaluation, mental health access, and effectiveness of service delivery 		
08/2011 - 05/2014	Riveredge Hospital	Forest Park, IL
<i>Program Therapist – Department of Social Services</i>		
<ul style="list-style-type: none"> • Provide clinically sound individual, family, and group therapies and establish therapeutic relationships with patients and families • Provide quality documentation for psychosocial assessments, treatment plans, therapies, court reports, discharge planning, staffings, and medical records • Promote safe and therapeutic interdisciplinary patient care through consultation and supervision, effective communication, interactions with and training of direct care staff, and milieu interventions • Collaborate with the treatment team regarding the need for continued care or discharge, and communicate discharge plans and aftercare effectively with patients, families, treatment team, and participating community agencies 		

11/2006 - 08/2012 **Central DuPage Hospital** **Winfield, Illinois**
Substance Abuse / Psychiatric Counselor - Behavioral Health Services

- Conduct initial clinical and psychiatric assessments using ASAM and DSM-IV-TR
- Plan and implement psychiatric and substance abuse treatment plans and patient care with a team of nursing technicians, social workers, nurses, and physicians
- Lead daily psychoeducational, art therapy, goals, and expressive therapy groups
- Conduct supporting individual therapy sessions with the patients
- Provide quality documentation related to patient care

11/2010 - 06/2011 **Adventist GlenOaks Hospital** **Glendale Heights, Illinois**

Intake Counselor - Assessment & Referral Department

- Provide initial assessments on all patients identified as high risk using the Illinois Mental Health Code criteria
- Review the patient's medical records, interview the patient and/or the family
- Based on the assessment, formulate appropriate plans for hospitalization or referral to appropriate social service agencies
- Confer with physicians, nurses and other members of the healthcare team to assess the specific needs of each individual patient
- Conduct preauthorization with insurance as part of the utilization management process

02/2007 - 02/2008 **Advocate Good Samaritan Hospital** **Downers Grove, Illinois**

Mental Health Counselor - Adult/Adolescent Psychiatric Unit, Behavioral Health Services

- Conduct initial clinical and psychiatric assessments using DSM-IV-TR
- Assist in establishing and maintaining a safe milieu for patients and staff
- Offering support and symptom relief to patients and their families through individual and group therapeutic activities
- Collaborate with physicians, nurses, and other health care professionals in the planning, implementing and recording the progress of the patients

SUPERVISED CLINICAL TRAINING

06/2014 - 05/2015 **Maryville Academy** **Des Plaines, Illinois**

Psychology Doctoral Intern

- Supervise undergraduate and graduate interns.
- Provide care to individuals between the ages 2-20 at a short-term acute psychiatric hospital
- Utilize crisis, brief, and milieu therapy skills to provide individualized care to children and families in need of intervention and treatment.
- Assist patients in acute crisis, by identifying their needs, developing a comprehensive treatment plan, and facilitate a successful return to the community assisted by referrals to appropriate community resources.
- Provide daily group therapy sessions for approximately 30 adolescent boys and girls that focus on a variety of topics and skills areas. Groups are primarily psychodynamic, cognitive-behavioral, and dialectical behavioral.
- Conduct intake interviews, diagnostic assessment interviews, and administered various intelligence, objective, projective, and self-report tests. Complete assessments and integrated reports in a timely manner. Provide feedback sessions to patients and family members as well as other members of the treatment team. Use results to clarify diagnosis, enhance treatment, and provide placement recommendations.
- Work on an interdisciplinary team to provide treatment recommendations on a regular basis.
- Research and facilitate in developing an intensive outpatient program for adolescents and adults.
- Receive supervision and didactic training from a doctoral level supervisor. Consult regularly with professionals from other disciplines in an effort to enrich the training experience.

10/2013 - 05/2014 **Maryville Behavioral Health Hospital** **Des Plaines, Illinois**

Psychology Doctoral Extern

- Conduct full-battery psychological evaluations on children and adolescents
- Provide answers to referral questions ranging from clarification of diagnoses to assessment of underlying risk factors
- Administer projective personality assessments (Rorschach Inkblot Test, Thematic Apperception Test, Projective Drawings), objective personality assessments (Minnesota Multiphasic Personality Inventories, Millon Clinical Multiaxial Inventories), cognitive assessments (Wechsler Intelligence Scales – WAIS, WISC, WPPSI), and other relevant assessments
- Score, interpret, and provide an integrative evaluation along with treatment goals and recommendations

08/2012 - 10/2012 **Advocate Christ Medical Center** **Oak Lawn, Illinois**

Psychology Doctoral Extern

- Conduct evaluations on potential recipients of kidney transplant, heart transplant, Ventricular-Assist Device implantation, and kidney donors

- Collaborate with heart and kidney transplant teams and provide outpatient supportive therapy as needed
- As part of the Psychiatric Consultation Liaison team, provide assessments and therapeutic interventions to patients on the medical floors including trauma, adult surgical, pediatrics, and psychiatric
- Lead biweekly insight-oriented groups on the inpatient psychiatric units
- Conduct psychological assessments on specific patients on the inpatient psychiatric units
- Attend and participate in transplant team, interdepartmental, and departmental meetings and grand rounds
- Collect and assess data for research purposes

QUALIFICATIONS AND ACTIVITIES

<p>Professional Information:</p> <ul style="list-style-type: none"> • Licensed Clinical Psychologist <ul style="list-style-type: none"> ◦ Illinois (#071.009813 eff. June 29, 2018) ◦ New York (#024708-01 eff. December 17, 2021) ◦ Texas (#40652 eff. March 24, 2025) • NPI # 1649514266 	<ul style="list-style-type: none"> • CAQH ID # 13592391 • Github: khanfahad
<p>Other Certifications:</p> <ul style="list-style-type: none"> • Certified BLS for Healthcare Providers (CPR & AED) • Certified in Nonviolent Crisis Intervention (CPI) 	<ul style="list-style-type: none"> • Certified A+ Computer Technician • Certified Phlebotomist
<p>Communication Skills:</p> <ul style="list-style-type: none"> • Fluent in English, Hindi/Urdu, Punjabi and relatively knowledgeable in Arabic. 	