

DR. FAHAD KHAN

Licensed Clinical Psychologist, Deputy Director – Khalil Center

EDUCATION

| | | |
|--------------------------|--|--------------------------------|
| 2011 - 2015 | Midwestern University | Downers Grove, Illinois |
| <input type="checkbox"/> | Doctorate in Clinical Psychology (PsyD) | |
| <input type="checkbox"/> | Research: Acculturation, Religiosity, and Psychological Distress Among Muslim Americans | |
| 2009 - 2011 | Midwestern University | Downers Grove, Illinois |
| <input type="checkbox"/> | Master of Arts in Clinical Psychology (MA) | |
| <input type="checkbox"/> | Research: Evaluation of Factors Affecting Attitudes of Muslim Americans Towards Seeking and Using Formal Mental Health Services. | |
| 2007 - 2009 | Midwestern University | Downers Grove, Illinois |
| <input type="checkbox"/> | Master of Biomedical Sciences (MBS) | |
| <input type="checkbox"/> | Research: Evaluation of Kidney Injury Molecule -1 (KIM-1) as an early biomarker for lead (Pb) nephrotoxicity. | |
| 2004 - 2006 | University of Illinois | Chicago, Illinois |
| <input type="checkbox"/> | Bachelor of Arts in Psychology (BA) | |

AWARDS

| | | |
|------|---|------------------------|
| 2022 | APA Committee on Early Career Psychologists/National Register of Health Service Psychologists Convention Travel Grant | <i>Recipient</i> |
| 2021 | APA Early Career Psychologist Champion Award | <i>Recipient</i> |
| 2021 | APA Early Career Convention Grant Award | <i>Recipient</i> |
| 2020 | APA Early Career Achievement Award | <i>Recipient</i> |
| 2020 | IPA-Funded Diversity Delegate (PLC 2020) | <i>Award Recipient</i> |
| 2019 | APA Ethnic Minority Committee Liaison for Illinois Psychological Association | <i>Member</i> |
| 2018 | APA-Funded Early Career Psychologist (PLC 2018) | <i>Award Recipient</i> |

PROFESSIONAL POSITIONS & HONORS

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|----------------|--|-----------------------------------|
| 2022 - Present | Professional Psychology: Research and Practice (APA) | <i>Reviewer</i> |
| 2022 - Present | Journal of Clinical Psychology (Wiley) | <i>Reviewer</i> |
| 2021 - Present | Communications Committee of Illinois Psychological Association | <i>Co-Chair</i> |
| 2021 - Present | American Psychologist (APA) | <i>Reviewer</i> |
| 2021 - Present | Spirituality in Clinical Practice (APA) | <i>Reviewer</i> |
| 2021 - Present | Journal of Religion and Health (Springer) | <i>Reviewer</i> |
| 2020 - Present | Bahria Journal of Professional Psychology | <i>Editorial Board - Reviewer</i> |
| 2019 - Present | Journal of Clinical and Professional Psychology | <i>Editorial Board - Member</i> |
| 2018 - Present | International Association of Islamic Psychology | <i>Fellow</i> |
| 2016 - Present | Journal of Muslim Mental Health | <i>Editor</i> |
| 2021 - 2022 | APA Division 12 | <i>Program Chair</i> |
| 2020 - 2021 | Leadership Development Program with Illinois Psychological Association | <i>Member</i> |
| 2019 - 2021 | Legislative Committee of Illinois Psychological Association | <i>Co-Chair</i> |
| 2019 - 2020 | APA Emerging Leaders in Psychology Academy | <i>Member</i> |
| 2018 - 2019 | Early Career Psychology Section of Illinois Psychological Association | <i>Associate Chair</i> |

PUBLICATIONS

Books

- Keshavarzi, H., **Khan, F.**, Ali, B., & Awaad, R. (Eds.) (2020). *Applying Islamic principles to clinical mental health care: Introducing Traditional Islamically Integrated Psychotherapy*. New York: Routledge.
- Khan, F.** (2020). *How to maintain your sanity during these insane times: A practical guide to overcoming the negative effects of quarantine*. Amazon Kindle Direct Publishing

Book Chapters

- Khan, F.**, Aycan, S., & Keshavarzi, F. (2023). Clinical Applications of Traditional Islamically-Integrated Psychotherapy (TIIP) Model: Case of a Turkish Female. In Haque, A. & Rothman, A. (Eds.) *Clinical Applications of Islamic Psychology*. International Association of Islamic Psychology (*In Press*).
- Nabi, A., Singh, K., & **Khan, F.** (2023). Positive psychotherapeutic trends in Islamic Psychology. In Saxena, G. & Singh, K. (Eds.) *Religious and Spiritual Practices in India: A Positive Psychological Perspective*. Switzerland: Springer International Publishing.

- **Khan, F.** & Keshavarzi, H. (2023). Theoretical Foundations and Clinical Applications of Traditional Islamically Integrated Psychotherapy (TIIP). In Richards, S., Kawika, G., & Judd, D. (Eds.) *Handbook of Spiritually Integrated Psychotherapies*. American Psychological Association Press.
- Keshavarzi, H., **Khan, F.**, & Syed, B. (2020). Islamically integrated treatment of Obsessive-Compulsive Disorder Scrupulosity (Waswasa) in Muslim Patients. In Tinaz, N., Ayten, A., Zengin, M., & Eksi, H. (Eds.) *Spiritual Counseling and Care in Health and Prison Services: Diverse Experiences & Practices*, Istanbul: Ensar Publishing.
- **Khan, F.**, Keshavarzi, H., & Rothman, A. (2020). The Role of the TIIP Therapist: Scope of Practice and Proposed Competencies. In Keshavarzi, H., **Khan, F.**, Ali, B., & Awaad, R. (Eds.) *Applying Islamic principles to clinical mental health care: Introducing Traditional Islamically Integrated Psychotherapy*. New York: Routledge.
- **Khan, F.** (2020). Quantitative and Qualitative Assessment of the Ontological Domains of the Psyche in TIIP. In Keshavarzi, H., **Khan, F.**, Ali, B., & Awaad, R. (Eds.) *Applying Islamic principles to clinical mental health care: Introducing Traditional Islamically Integrated Psychotherapy*. New York: Routledge.
- **Khan, F.** (2019). Challenges of Islamophobia: Psychiatric considerations for effectively working with Muslim patients. In Moffic, H. S., Peteet, J., Hankir, A., & Awaad, R. (Eds.) *Islamophobia and Psychiatry: Recognition, Prevention, and Treatment*. Switzerland: Springer International Publishing.
- Keshavarzi, H. & **Khan, F.** (2018). Outlining a case example of Traditional Islamically Integrated Psychotherapy (TIIP). In Al-Karam, C. Y. (Ed.). *Islamically Integrated Psychotherapy: Processes and outcomes with Muslim clinicians*. (175-207). West Conshohocken, PA: Templeton Press.

Journal Articles

- **Khan, F.** & Sattar, A. (2023). Individuality of man: Iqbal’s “Mard-e-Momin” and Kierkegaard’s “Knight of Faith”. *Bahria Research Journal on Iqbal Studies*, 2(2), 1-10.
- **Khan, F.** & Malik, K. (2021). Tarbiyat-e-Khudi: A model of self-development from poems of Muhammad Iqbal in Asrar-i-Khudi. *Bahria Journal of Professional Psychology*, 20(1), 14-26.
- **Khan, F.**, Khan, M., Soyege, H., & Maklad, S. (2019). Evaluation of factors affecting attitudes of Muslim Americans toward seeking and using formal mental health services. *Journal of Muslim Mental Health*, 13(2), 5-21.
- Haque, A., **Khan, F.**, Keshavarzi, H., & Rothman, A. (2016). Integrating Islamic traditions in modern Psychology: Research trends in the last ten years. *Journal of Muslim Mental Health*, 10(1), 75-100.

Manuscripts in Review/Preparation

- **Khan, F.**, Keshavarzi, H., Ahmad, M., Ashai, S., & Sanders, P. (2023). Application of Traditional Islamically Integrated Psychotherapy (TIIP) and its Outcome on Psychological Distress Among American Muslims in Outpatient Therapy. *Spirituality in Clinical Practice (In Review)*.
- **Khan, F.** & Sattar, A. (2023). Individuality of Man: Iqbal’s “Mard-i-Momin” and Kierkegaard’s “Knight of Faith.” *Bahria Research Journal on Iqbal Studies (In Review)*.
- **Khan, F.**, Mujahid, S., & Ahmed, D. (2023). Gender differences in religiosity, positive mental health, and psychological distress among Pakistani young adults. *Journal of Religion and Health. (In Review)*
- **Khan, F.** & Ashai, S. (2023). Online psychotherapy with Muslims. In Ahmed, S. & Amer, M. (Eds.) *Counseling Muslims: Handbook of Mental Health Issues and Interventions, 2nd Edition*, New York: Routledge *(In Review)*.
- **Khan, F.**, Chaudhry, R., & Riaz, T. (2023). A test from God: Trauma among Muslims. In Awaad, R. & Hamid, H. (Eds.) *Muslim Mental Health*. American Psychiatric Association Press *(In Review)*.
- **Khan, F.** & Atwa S. (2021). Acculturation, religiosity, and psychological distress among Muslim Americans *(In Preparation)*.

IT CERTIFICATIONS

| | |
|---|-----------------|
| Harvard - CS50’s Introduction to Computer Science | edX |
| IBM - How to Build Chatbots | Cognitive Class |
| IBM - Analyzing Data with Python | IedX |
| Microsoft - Introduction to Python for Data Science | edX |
| Microsoft - Introduction to Python: Fundamentals | edX |
| Harvard - Statistics and R | edX |
| SAS - Getting Started with SAS Programming | Coursera |
| Responsive Web Design (HTML, CSS, JavaScript) | FreeCodeCamp |
| Duke - Programming Foundations with JavaScript, HTML, and CSS | Coursera |
| Google - UX Design Professional Certificate (4/7 Courses) | Coursera |
| <ul style="list-style-type: none"> □ Foundations of User Experience (UX) Design □ Start the UX Design Process: Empathize, Define, and Ideate □ Build Wireframes and Low-Fidelity Prototypes □ Conduct UX Research and Test Early Concepts | |
| Stanford - Machine Learning (3/3 Courses) | Coursera |
| <ul style="list-style-type: none"> □ Supervised Machine Learning: Regression and Classification □ Advanced Learning Algorithms | |

- Unsupervised Learning, Recommenders, Reinforcement Learning

RESEARCH AND GRANTS

| | | |
|--|--|--------------------------------|
| 05/2015 - Present | Khalil Foundation | Lombard, Illinois |
| <i>Research Director</i> | | |
| <ul style="list-style-type: none"> □ Designing surveys and research projects to answer questions related to quality as well as growth □ Leading and conducting quantitative, qualitative, mixed-methods, community-based participatory research, etc □ Working with large datasets to clean up and analyze through appropriate statistical analyse □ Disseminate findings through publications and presentations for experts and community members □ Leading a team of interns in collecting data from current clients and charts □ Active part of a Work-in-Progress research group with researchers from around the world □ Prepare grant proposals and write drafts for submission to organizations and journals | | |
| 04/2018 – 01/2020 | Bridges Consortium/Templeton Foundation | Lombard, Illinois |
| <i>Co-Principle Investigator</i> | | |
| <ul style="list-style-type: none"> □ Grant recipient for spiritually-integrated psychotherapy research | | |
| 01/2016 – 07/2019 | College of DuPage | Glen Ellyn, Illinois |
| <i>Principle Investigator</i> | | |
| <ul style="list-style-type: none"> □ Study focus: learning styles of community college students | | |
| 08/2012 - 10/2012 | Advocate Christ Medical Center | Oak Lawn, Illinois |
| <i>Research Assistant</i> | | |
| <ul style="list-style-type: none"> □ Assist with studying the effects of Cardiac Assist Devices on the cognitive and emotional functioning of patients suffering with cardiopathologies □ Conduct cognitive and emotional assessments on heart patients □ Collect and score data □ Conduct preliminary statistical analyses | | |
| 01/2008 - 05/2009 | Midwestern University | Downers Grove, Illinois |
| <i>Research Assistant (Dr. Walter Prozialeck)</i> | | |
| <ul style="list-style-type: none"> □ Work under supervision on my master's thesis project titled "Evaluation of kidney injury molecule 1 (Kim-1) as an early marker of lead (Pb) nephrotoxicity" □ Work with twelve animals (rats) with a treatment approved by the university's IRB and IACUC □ Conduct several laboratory procedures on the samples obtained □ Conduct post-mortem analyses | | |

PROFESSIONAL PRESENTATIONS

Keynote Speaker/Invited Guest

- 2023/02 - *How to Effectively Work with Muslim Americans*. Northwestern University Feinberg School of Medicine, Illinois, USA.
- 2022/06 - *Dilemma of the Muslims in the West*. Institute of Policy Studies (IPS). Islamabad, Pakistan
- 2022/06 - *Traditional Islamically Integrated Psychotherapy Model, Level 1 Training*. Shifa Tameer-e-Millat University, Islamabad, Pakistan.
- 2022/05 - *How to Effectively Work with Muslim Americans*. University of Michigan Counseling and Psychological Services. Dearborn, Michigan, USA.
- 2022/04 - *Khudi Se Khuda Tak: A Journey to Self-Actualisation*. Air University, Islamabad, Pakistan.
- 2022/01 - *How to Effectively Work with Muslim Americans*. Northwestern University Feinberg School of Medicine, Illinois, USA.
- 2022/01 - *Khudi Se Khuda Tak: A Journey to Self-Actualisation*. Ziauddin University, Karachi, Pakistan.
- 2022/01 - *The Current State of Mental Health and the Need for Islamic Psychology*. Central Punjab University, Lahore, Pakistan.
- 2021/12 - *Effectively Working with Muslim Americans*. Heartland Alliance Marjorie Kovler Center, Chicago, Illinois, USA.
- 2021/12 - *Importance and Application of Virtues and Vices in Psychology*. Islamic Psychology: Emergence & Current Challenges of 21st Century, Riphah Institute of Clinical & Professional Psychology, Lahore, Pakistan.
- 2021/10 - *Resilient Parents: A New Key for Stronger Community*. International Islamic University, Malaysia.
- 2021/09 - *Modern Technologies and Their Effects on Human Development and Mental Health*. Avicenna Akademie, Germany.
- 2021/08 - *Impact of Substance Abuse on Individual and Society*. Handstogether NGO, Maldives.
- 2021/08 - *Traditional Islamically Integrated Psychotherapy Model, Level 1 Training*. Ibn Haldun University, Istanbul, Turkey.
- 2021/06 - *Historical Contributions of Muslims to the Field of Psychology*. Bahria University, Islamabad, Pakistan.
- 2021/06 - *Effects of Post-Colonialism on Psychological Development in Pakistan*. Air University, Islamabad, Pakistan
- 2021/06 - *Islamic Perspective on Addictions and Human Ontology*. Hayat Rehab Clinic, Islamabad, Pakistan

- 2021/05 - *Coping with Trauma: Palestine and Beyond*. Northwestern University Muslim Mental Health Initiative, Evanston, Illinois
- 2021/05 - *Effectively Working with Muslim Clients*. Northwestern University Counseling and Psychological Services, Evanston, Illinois
- 2021/04 - *Islam and Psychology*. Air University, Islamabad, Pakistan.
- 2021/04 - *Addiction Treatment from Islamically-Integrated Approach*. Universitas Islam Bandung, Indonesia.
- 2021/02 - *Traditional Islamically Integrated Psychotherapy Model*. Islamic Psychology Curriculum Development, Riphah University, Lahore, Pakistan.
- 2020/12 - *Theoretical Developments in Western Psychology, Current State of Mental Health, and Need for Islamic Psychology*. Australian Muslim Mental Health Conference, Australia.
- 2020/11 - *Psychological Development of Youth in Iqbal's Perspective*. 1st International Conference on Iqbal, Bahria University, Islamabad, Pakistan.
- 2019/11 - *Mental Health & Stress Issues Among Palestinian Youth in America*. 12th Annual Conference for Palestine in the US, Rosemont, Illinois.
- 2019/11 - *Tarbiyat-E-Khudi: A Psychospiritual Model of Self-Development from the Teachings of Muhammad Iqbal*. 1st National Conference on Iqbal, Bahria University, Islamabad, Pakistan.
- 2019/11 - *Importance of Research in Clinical Practice: From Theory to Practice*. Illinois Psychological Association Annual Convention, Lisle, Illinois.
- 2019/11 - *Illinois Advocacy in Action*. Illinois Psychological Association Annual Convention, Lisle, Illinois.
- 2019/09 - *The State of Mental Health in Pakistan and United States & Moving Towards Spiritually Integrated Psychology*. Islamic Perspectives in Modern Psychology Conference. Royal Palm Golf & Country Club, Lahore, Pakistan.
- 2019/09 - *Assessment of the Domains within the Traditional Islamically Integrated Psychotherapy Model of Treatment*. Riphah Institute of Clinical & Professional Psychology, Lahore, Pakistan
- 2019/03 - *Persecuting, Pathologizing and Enslaving the Uyghur Muslims in China: A Psychological Perspective*. Congregation Solel, Highland Park, Illinois.
- 2018/11 - *Current State of Mental Health in the West and Pakistan and Moving Towards Spiritually Integrated Psychotherapy*. Bahria University, Islamabad, Pakistan
- 2018/11 - *Current State of Mental Health in the West and Moving Towards Islamically Integrated Psychotherapy*. International Islamic University, Islamabad, Pakistan
- 2018/07 - *Maintaining Healthy Marriages*. MECCA Center, Willowbrook, Illinois.
- 2018/01 - *Culturally Sensitive Care for Muslim Students*. Illinois School District 45. Villa Park, Illinois.
- 2017/10 - *Serving Individuals with Disabilities*. Islamic Center of Des Plaines, Des Plaines, Illinois.
- 2017/05 - *Effectively Working with Muslim Students*. Illinois State University, Normal, Illinois.
- 2017/11 - *Breaking the Cultural and Religious Barriers: Effectively Working with Muslim Clients*. Illinois Psychological Association Annual Convention, Oakbrook, Illinois.
- 2016/05 - *How to Effectively Work with Muslim Clients*. Northwestern University. Chicago, Illinois.
- 2016/04 - *Character Development, Personal Transformation, and Spiritual Elevation According to Allama Muhammad Iqbal*. Iqbal Day, East-West University, Chicago, Illinois.
- 2014/10 - *Suicidal and Homicidal Assessments of Children*. North DuPage Special Education Cooperative, Roselle, Illinois.
- 2012/12 - *Grief and Its Manifestations*. St. Ignatius High School, Chicago, Illinois.
- 2011/11 - *Assessment of Common Factors Uniting Graduate Students of Diverse Spiritual Backgrounds*. The Interfaith Celebration of Diversity, Midwestern University, Downers Grove, Illinois.

Presenter/Speaker

- Bakir, A., Ashai, S., & Khan, F. (2023, March). *Psychological distress outcomes following psychotherapy at Khalil Center* [Poster session]. 15th Annual Muslim Mental Health Conference, Michigan State University, East Lansing, Michigan, USA
- Baseer, S. & Khan, F. (2023, March). *Raz-i-Chaman: Spiritual ripples of Iqbal's grief*. Khalil Center, [Virtual].
- Khan, F. (2023, February). *Islam and Mental Health: Obsessive Compulsive Disorder*. 1st International Conference on Islamic Psychology and Mental Health. Al Balagh Academy, United Kingdom [Virtual].
- Khan, F. (2022, December). *Role of parenting in development of the image of God in children*. 3rd Annual Parenting Conference. Parenting With Allah by My Side, United Kingdom, [Virtual].
- Khan, F. & Yanik, M. (2022, June). *Improving mental health & reducing stress through self-care and prevention in the media industry*. Pakistan Television Training Academy, Islamabad, Pakistan.
- Hughes, J., Khan, F., O'Dunne, K., & Santa, T. (2022, May). *When faith questions are not about faith problems - Identifying OCD in questions of faith*. Faith & OCD Conference, International Obsessive Compulsive Disorder Foundation, USA.
- Khan, F., & Mahmoodi, V. (2021, October). *Revival of Islamic psychology and perinatal mental health*. A Global Congress of Muslim Mental Health and Family Well-being, Malaysia.
- Khan, F., Keshavarzi, H., Elzamzamy, K., & Awaad, R. (2021, August). *Omission of Muslim/Arab contributions to psychology from research and academia: Systemic injustice?* American Psychological Association Annual Convention, [Virtual].

- Khan, F. (2021, April). *Exploring spiritually integrated psychotherapy for addressing Muslim mental health within an Islamic context: Preliminary results from big data study*. 13th Annual Muslim Mental Health Conference, [Virtual].
- Khan, F., Nisar, F., & Yousuf, S. (2020, November). *Qualitative analysis of Khudi in the writings of Muhammad Iqbal*. 1st International Conference on Iqbal, Bahria University, Islamabad, Pakistan.
- Khan, F., Keshavarzi, H., Syed, S., & Mulla, S. (2020, November). *Dealing with mental health in a post-COVID world*. Launchgood Mental Health Webinar Series, [Virtual].
- Khan, F. (2020, May). *How to maintain sanity in uncertain times*. University Islamic Financial, [Virtual].
- Khan, F. (2020, April). *Parenting in Ramadan*. Presentation at the Ramadan Preparedness Summit, [Virtual].
- Khan, F. (2020, April). *Psycho-spiritual elements related to COVID-19 pandemic: Urdu Webinar*. Saaya Health, Pakistan.
- Khan, F., Khan, Y., Mohammed, F., Chaudhry, K., & Azdar, C. (2020, April). *Managing stress and mental health during coronavirus for students, young professionals, and families*. Illinois Muslim Civic Coalition.
- Khan, F. (2019, August). *Spiritually Integrated Services for Muslim Communities* [Poster session]. 2019 Annual APA Convention, Chicago, Illinois, United States.
- Abdul-Adil, J., Keshavarzi, H., & Khan, F. (2019, June). *Keepin' the faith: Innovative, collaborative and culturally-sensitive services for Muslim communities* [Poster session]. Society for Community Research and Action (SCRA) Biennial Conference, National Louis University, Chicago, Illinois, United States.
- Keshavarzi, H., Khan, F., & Syed, B. (2018, November). *Islamically integrated treatment of obsessive-compulsive disorder scrupulosity (Waswasa) in Muslim patients*. Second International Congress on Religious-Spiritual Counselling & Care, Istanbul, Turkey.
- Keshavarzi, H., Khan, F., Malik, R., Rothman, A., & Al-Karam, C.Y. (2018, October). *Islamically integrated psychotherapy: Uniting faith with professional practice*. Evolving Islamic Psychology: Past, Present, & Future, Istanbul, Turkey.
- Khan, F., Khalily, M.T., Abubakr, E., Merter, M., Skinner, R., & Archuletta, H. (2018, October). *Integrating Islamic theoretical concepts into the therapeutic encounter*. Evolving Islamic Psychology: Past, Present, & Future, Istanbul, Turkey.
- Khan, F. (2018, August). *Psychological gender differences and its marital implications*. The Art of Marriage Conference, Pleasanton, California.
- Khan, F. (2018, April). *Importance of community and social support in maintaining wellness*. KC Annual Wellness Conference, Willowbrook, Illinois.
- Keshavarzi, H., & Khan, F. (2017, March). *Psycho-spiritual approach to marriage*. Marriage Workshop, Peoria, Illinois.
- Keshavarzi, H., & Khan, F. (2016, October). *Obsessive compulsive disorder and its manifestations among religious individuals*. ZF Annual Conference, Bridgeview, Illinois.
- Khan, F. (2016, May). *The impact of culture, technology and our environments on our children*. Annual Wellness Conference, Khalil Center, Glen Ellyn, Illinois.
- Keshavarzi, H., & Khan, F. (2015, October). *Psycho-spiritual approach to parenting*. Parenting Seminar, Peoria, Illinois.
- Khan, F., Syed, S., & Fareeduddin, Y. (2015, September). *Demystifying mental health care*. Health Sessions, ISNA Convention, Rosemont, Illinois.
- Khan, F. (2015, May). *Psychological gender differences and its marital implications*. The Art of Marriage Conference, Glen Ellyn, Illinois.
- Farrell, K., Gremley, C., Khan, F., & Saini, R. (2014, October). *Continuing to interrogate the status quo*. The Diversity Challenge, Boston College, Chestnut Hill, Massachusetts.
- Khan, F. (2011, November). *Understanding psychology through a religious and spiritual perspective*. Community Mental Health Seminar, Villa Park, Illinois.
- Farrell, K., Khan, F., Gonzalez, E., & Scott, J. (2011, October). *Acculturation to professional psychology: White institutions, white faculties, and students of color*. The Diversity Challenge, Boston College, Chestnut Hill, Massachusetts.

TEACHING

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| 08/2022 - Present | Loyola University Chicago | Chicago, Illinois |
| <i>Professor</i> | | |
| <u>Undergraduate Courses:</u> | | |
| □ Child Psychopathology | | |
| 05/2016 - Present | National Louis University | Chicago, Illinois |
| <i>Adjunct Faculty</i> | | |
| <u>Graduate Courses:</u> | | |
| □ Introduction to Psychological Assessment | □ Advanced Theories of Personality | |
| □ Psychological Assessment II: Intellectual | □ Research Design | |
| □ Psychological Assessment III: Personality | □ Psychological Statistics: Design and Analysis | |
| □ Advanced Abnormal Psychology | □ Biological Bases of Behavior | |
| □ Theories of Cognitive Psychology | □ Health Psychology | |
| 01/2016 - Present | College of DuPage | Glen Ellyn, Illinois |
| <i>Adjunct Faculty</i> | | |

Undergraduate Courses:

- General Psychology
- Developmental Psychology: Life Span
- Statistics in Social and Behavioral Sciences
- Counseling Focusing on Veterans
- Introduction to Developmental Disabilities
- Abnormal Psychology

05/2015 - Present

Concordia University

River Forest, Illinois

Adjunct Faculty

Graduate Courses:

- Counseling & Human Development
- Multicultural Counseling
- Fundamentals of Assessment
- Ethics, Morality, and Law for Counselors
- Introduction to Counseling Profession

PROFESSIONAL WORK

02/2014 - Present

Khalil Foundation

Lombard, Illinois

Deputy Director / Psychologist

- Responsible for managing a diverse team of clinicians, researchers, and administrators
- Overseeing the development of organization's goals and objectives, and facilitating its growth and development
- Creating and implementing best practices as well as policies and procedures for optimal patient outcomes as well as employee satisfaction
- Complete assigned administrative tasks or assume complete responsibility in the absence of the Executive Director
- Develop, implement, and evaluate organizational policies/procedures, programs, and standards consistent with laws and ordinances, grant funding criteria, and current professional clinical standards
- Plan, organize, direct, and evaluate program services, didactics, intern trainings, and activities
- Recruit and train staff members and interns
- Respond to community urgent needs and crises by providing supporting and educational services to community members
- Supervise undergraduate and graduate interns from psychology, counseling, and social work programs
- Provide individual and family therapy to clients of diverse backgrounds
- Plan and implement treatment plans catered to the needs of the clients congruent with evidence-based practices
- Lead seminars and classes on various topics related to the needs of the community
- Conduct psychological evaluations and provide diagnostic clarifications along with recommendations to families and clinicians
- Research studies include program evaluation, mental health access, and effectiveness of service delivery

08/2011 - 05/2014

Riveredge Hospital

Forest Park, IL

Program Therapist – Department of Social Services

- Provide clinically sound individual, family, and group therapies and establish therapeutic relationships with patients and families
- Provide quality documentation for psychosocial assessments, treatment plans, therapies, court reports, discharge planning, staffings, and medical records
- Promote safe and therapeutic interdisciplinary patient care through consultation and supervision, effective communication, interactions with and training of direct care staff, and milieu interventions
- Collaborate with the treatment team regarding the need for continued care or discharge, and communicate discharge plans and aftercare effectively with patients, families, treatment team, and participating community agencies

11/2006 - 08/2012

Central DuPage Hospital

Winfield, Illinois

Substance Abuse / Psychiatric Counselor - Behavioral Health Services

- Conduct initial clinical and psychiatric assessments using ASAM and DSM-IV-TR
- Plan and implement psychiatric and substance abuse treatment plans and patient care with a team of nursing technicians, social workers, nurses, and physicians
- Lead daily psychoeducational, art therapy, goals, and expressive therapy groups
- Conduct supporting individual therapy sessions with the patients
- Provide quality documentation related to patient care

11/2010 - 06/2011

Adventist GlenOaks Hospital

Glendale Heights, Illinois

Intake Counselor - Assessment & Referral Department

- Provide initial assessments on all patients identified as high risk using the Illinois Mental Health Code criteria
- Review the patient's medical records, interview the patient and/or the family
- Based on the assessment, formulate appropriate plans for hospitalization or referral to appropriate social service agencies
- Confer with physicians, nurses and other members of the healthcare team to assess the specific needs of each individual patient
- Conduct preauthorization with insurance as part of the utilization management process

02/2007 - 02/2008

Advocate Good Samaritan Hospital

Downers Grove, Illinois

Mental Health Counselor - Adult/Adolescent Psychiatric Unit, Behavioral Health Services

- Conduct initial clinical and psychiatric assessments using DSM-IV-TR
- Assist in establishing and maintaining a safe milieu for patients and staff
- Offering support and symptom relief to patients and their families through individual and group therapeutic activities
- Collaborate with physicians, nurses, and other health care professionals in the planning, implementing and recording the progress of the patients

SUPERVISED CLINICAL TRAINING

06/2014 - 05/2015

Maryville Academy

Des Plaines, Illinois

Psychology Doctoral Intern

- Supervise undergraduate and graduate interns.
- Provide care to individuals between the ages 2-20 at a short-term acute psychiatric hospital
- Utilize crisis, brief, and milieu therapy skills to provide individualized care to children and families in need of intervention and treatment.
- Assist patients in acute crisis, by identifying their needs, developing a comprehensive treatment plan, and facilitate a successful return to the community assisted by referrals to appropriate community resources.
- Provide daily group therapy sessions for approximately 30 adolescent boys and girls that focus on a variety of topics and skills areas. Groups are primarily psychodynamic, cognitive-behavioral, and dialectical behavioral.
- Conduct intake interviews, diagnostic assessment interviews, and administered various intelligence, objective, projective, and self-report tests. Complete assessments and integrated reports in a timely manner. Provide feedback sessions to patients and family members as well as other members of the treatment team. Use results to clarify diagnosis, enhance treatment, and provide placement recommendations.
- Work on an interdisciplinary team to provide treatment recommendations on a regular basis.
- Research and facilitate in developing an intensive outpatient program for adolescents and adults.
- Receive supervision and didactic training from a doctoral level supervisor. Consult regularly with professionals from other disciplines in an effort to enrich the training experience.

10/2013 - 05/2014

Maryville Behavioral Health Hospital

Des Plaines, Illinois

Psychology Doctoral Extern

- Conduct full-battery psychological evaluations on children and adolescents
- Provide answers to referral questions ranging from clarification of diagnoses to assessment of underlying risk factors
- Administer projective personality assessments (Rorschach Inkblot Test, Thematic Apperception Test, Projective Drawings), objective personality assessments (Minnesota Multiphasic Personality Inventories, Millon Clinical Multiaxial Inventories), cognitive assessments (Wechsler Intelligence Scales – WAIS, WISC, WPPSI), and other relevant assessments
- Score, interpret, and provide an integrative evaluation along with treatment goals and recommendations

08/2012 - 10/2012

Advocate Christ Medical Center

Oak Lawn, Illinois

Psychology Doctoral Extern

- Conduct evaluations on potential recipients of kidney transplant, heart transplant, Ventricular-Assist Device implantation, and kidney donors
- Collaborate with heart and kidney transplant teams and provide outpatient supportive therapy as needed
- As part of the Psychiatric Consultation Liaison team, provide assessments and therapeutic interventions to patients on the medical floors including trauma, adult surgical, pediatrics, and psychiatric
- Lead biweekly insight-oriented groups on the inpatient psychiatric units
- Conduct psychological assessments on specific patients on the inpatient psychiatric units
- Attend and participate in transplant team, interdepartmental, and departmental meetings and grand rounds
- Collect and assess data for research purposes

QUALIFICATIONS AND ACTIVITIES

Professional Information:

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| <ul style="list-style-type: none"> <input type="checkbox"/> Licensed Clinical Psychologist in the State of Illinois (#071009813) <input type="checkbox"/> NPI # 1649514266 | <ul style="list-style-type: none"> <input type="checkbox"/> CAQH ID # 13592391 <input type="checkbox"/> Github: khanfahad |
|--|---|

Other Certifications:

- | | |
|---|--|
| <ul style="list-style-type: none"> <input type="checkbox"/> Certified BLS for Healthcare Providers (CPR & AED) <input type="checkbox"/> Certified in Nonviolent Crisis Intervention (CPI) | <ul style="list-style-type: none"> <input type="checkbox"/> Certified A+ Computer Technician <input type="checkbox"/> Certified Phlebotomist |
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Communication Skills:

- Fluent in English, Hindi/Urdu, Punjabi and relatively knowledgeable in Arabic.

